

Background Information Questionnaire Your cooperation in providing full and complete, information is requested.

Today's Date: _____

Please Complete BOTH PAGES of this form.

Patient Information

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Patient Name:									
Street Address:									
Town:						New Yo	ork Zip Co	ode:	
Home Telephone	ne Telephone #: Work Telephone #:								
Email: Cell Phone #						,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			
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Patient's Employment / School Information Employer's / School Name: Street Address: Town & State: Zip Code: Job Title: Insurance Information Insured's Name: Street Address: Zip Code: Town & State: Company Name: Street Address: Town & State: Zip Code: Job Title Policy Number: Group Number: Social Security Number: Date of Birth: Separated Male Female Marital Status: Divorced Widowed Sex: Single Married Relationship to Patient: Self Spouse Child Parent Other Please Note: Our office policy is to accept assignment from only one carrier. We will gladly assist in the coordination of benefits if more than one carrier is involved. Additional Insurance Information Insured's Name: Street Address: Town & State: Zip Code: Company Name: Street Address: Town & State: Zip Code: Job Title:

Thank You for taking the time to complete this form.

Single

Child

Married

Parent

Marital Status:

Spouse

Self

Policy Number:

Sex:

Social Security Number: Male Female

Relationship to Patient:

Group Number:

Divorced

Other

Date of Birth:

Separated

Widowed

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Brief Health Information Form

dentification ent's name:		and the same of th	Date:	•
accidents and injuri	ur childhood and proceedin es, surgeries, hospitalization cal conditions you have had.	ns, periods of loss of	list all diseases, illnesses, consciousness, convulsions in section E.)	importa /seizure
Age lilne	ess/diagnosis	Treatment received	Treated by	Result
2. Describe any alle	ergies you have.			
To what?	Reaction y		Allergy medications	•
3. List <i>all</i> medication others.	ns or drugs you take or hav	re taken in the last ye	ar—prescribed, over-the-coเ	ınter, a
Medication/drug	Dose (how much?)	Taken for	Prescribed and supe	rvised l

(cont.)

FORM 24. Brief health information form (p. 1 of 3). From *The Paper Office*, pp. 211–213. Copyright 1997 by Edward L. Zuckerman. Permission to photocopy this form is granted to purchasers of *The Paper Office* for personal use only (see copyright page for details).

Brief Health Information Form (p. 2 of 3)

Client's name:		·	Date:		
4. Have you do	ne any kinds of work wh	ere you were expos	sed to toxic chemic	als?	
Date	Kinds of cher	micals	Kind of work		Effects
C. Medical caregiv	ers				
1. Your current	family or personal physi	ician or medical age	ency:		
Name	Specialty	Address			Date of last visit
2. Other physici	ians treating you at pres	ent or in last 5 year	S.		,
Name	Specialty	Address		Phone #	Date of last visit
					,
D. Health habits					
1. What kinds o	f physical exercise do y	ou get?			
	offee, cola, tea, or other		•		
	restrict your eating in a				
					_

Brief Health Information Form (p. 3 of 3)

Client's name:	Date:
4. Do you have any problems getting enough sleep?	
E. For women only	
 At what age did you start to menstruate (get your period):_ 	
Menstrual period experiences:	
a. How regular are they?	
b. How long do they last?	
c. How much pain do you have?	
d. How heavy are your periods?	
e. Other experiences during period?	
3. Please list all of your pregnancies, and what happened wit	h each pregnancy?
Your age Miscarriage Abortion Child born	Problems?
1	
2.	
3	
4	
5	
6.	
4. Menopause:	
a. If your menopause has started, at what age did it start?	·
b. What signs or symptoms have you had?	
F. Other	
Are there any other medical or physical problems you are concern	ned about?
This is a strictly confidential patient medical record. Redisclosure	or transfer is expressly prohibited by law.

Adult Checklist of Concerns

Name:	Date:
concer	mark all of the items below that apply, and feel free to add any others at the bottom under "Any other or issues." You may add a note or details in the space next to the concerns checked. (For a child, any of these and then complete the "Child Checklist of Characteristics.")
0	I have no problem or concern bringing me here
0	Abuse—physical, sexual, emotional, neglect (of children or elderly), cruelty to animals
0	Aggression, violence
0	Alcohol use
0	Anger, hostility, arguing, irritability
0	Anxiety, nervousness
0	Attention, concentration, distractibility
0	Career concerns, goals, and choices
0	Childhood issues (your own childhood)
0	Children, child management, child care, parenting
0	Codependence
0	Confusion
0	Compulsions
0	Custody of children
0	Decision making, indecision, mixed feelings, putting off decisions
0	Delusions (false ideas)
	Dependence
0	Depression, low mood, sadness, crying
0	Divorce, separation
0	Drug use—prescription medications, over-the-counter medications, street drugs
	Eating problems—overeating, undereating, appetite, vomiting (see also "Weight and diet issues")
0	Emptiness
0	Failure
0	Fatigue, tiredness, low energy
	Fears, phobias
0	Financial or money troubles, debt, impulsive spending, low income
	Friendships
	Gambling
	Grieving, mourning, deaths, losses, divorce
	Guilt
	Headaches, other kinds of pains
0	Health, illness, medical concerns, physical problems
0	Inferiority feelings
0	Interpersonal conflicts

(cont.)

Name:		Date:
0	Impulsiveness, loss of control, outbursts	
0	Irresponsibility	
0	Judgment problems, risk taking	
0	Legal matters, charges, suits	
0	Loneliness	
O	Marital conflict, distance/coldness, infidelity/affairs, remarriage	
0	Memory problems	
0	Menstrual problems, PMS, menopause	
0	Mood swings	
0	Motivation, laziness	State of the state
0	Nervousness, tension	$M_{\mathbf{k}} = \mathbf{a} \cdot \mathbf{v} \mathbf{d} = 0.00$
0	Obsessions, compulsions (thoughts or actions that repeat themselves)	e di la
0	Oversensitivity to rejection	r = r
0	Panic or anxiety attacks	Andrew Bright Communication
0	Perfectionism	$\chi_{ij}(K)$. λ_{ij}
0	Pessimism	4 4
0	Procrastination, work inhibitions, laziness	(√ √ √
0	Relationship problems	·
0	School problems (see also "Career concerns ")	
0	Self-centeredness	
0	Self-esteem	
0	Self-neglect, poor self-care	
0	Sexual issues, dysfunctions, conflicts, desire differences, other (see als	so "Abuse")
0	Shyness, oversensitivity to criticism	
0	Sleep problems—too much, too little, insomnia, nightmares	
0	Smoking and tobacco use	
0	Stress, relaxation, stress management, stress disorders, tension	
0	Suspiciousness	
0	Suicidal thoughts	•
0	Temper problems, self-control, low frustration tolerance	
	Thought disorganization and confusion	
	Threats, violence	
	Weight and diet issues	
	Withdrawal, isolating	
	Work problems, employment, workaholism/overworking, can't keep a jo	b
Any oth	ner concerns or issues:	
Please	look back over the concerns you have checked off and choose the one	e that you most want help with. I
This is	a strictly confidential patient medical record. Redisclosure or transfer is	expressly prohibited by law.

Chemical Use Survey

Name:							_Date:		
In order to treat yo drugs, and other cho	u effective emicals tha	ly, I ne at can a	ed info	ormation abo ou psycholog	ut the way ically. So p	rs you a lease an	nd your fan swer these	nily have u questions fo	sed alcohol, ully.
A. What have you and the second of the secon	any and al								
Chemical	First (Age Ar			ast use .Amount	Over to Amount a how often		30 days Effects/ consequen		See question 3, below
Caffeine									
Tobacco	·								
Smoked									
Chewed									
Alcohol									
Marijuana						·			
Cocaine/ Crack									
Injected							:		
Smoked									
Inhalants									
Others: Specify									
2. Write "P" ab causes you to s = I use up my reasons:	stop? Enter supply. C	one or Perso	more o	of these letter oice. D = Ur	rs in the las aconscious	st column ness. E	above: A = = Achieved	The mone	y runs out. B
B. Which of these	have you	had?	()	Blackouts	() Bad rea	actions	() Withdr	awal sympt	oms
			()	Overdoses	() Detox	ification i	in a hospital	() Othe	er problems:
C. Treatment for c Dates From To Agend	hemical us	Туре		Voluntary? (Yes or no)	-		afterca	ticipation in re programs	
		- 		(103 01 110)				,, v ((((((((((((((((((
	·	-							
*In the fourth column, us detoxification; IT = Inpat †In the last column, use	ient treatmen	t (e.g., 28	B-day); C) = Other.		-			

In the last column, use these codes: W = made situation Worse; N = No change; U = better Understanding of addiction; Rÿ20= Reduction of use; BA = Brief abstinence; LA = Long-term abstinence; O = Other:

Chemical Use Survey (page 2 of 2)

Name:		Date:							
	erns of chemical us cribe the chemical(s)		embers	i.					
			Firs	t use	Last use		Over the last How		30 days
	Name	Chemical	Age	Amount	Date	Amount	Amount		Effects
Father									
Mother									
Brothers/									
sisters									
Spouse									
Other									
relatives									
problem? O	tion of use ou say you _are a or how would you de	scribe your use?_	ire a h	eavy drink	(er al	re an alco	oholic or	have	a drinking
,	ou say you are a re								
you describ	e your use?				······································				
G. Other Has your dr	inking/drug use cau	sed you any spiritu	ıal prob	lems?					
This is a strictly	confidential patient	medical record. Re	edisclos	sure or trai	nsfer is	s expressi	y prohibite	ed by la	aw.

Authorization to Disclose Protected Health Information to Primary Care Physician

Communication between behavioral health providers and your primary care physician (PCP) is important to ensure that you receive comprehensive and quality health care. This form will allow your Behavioral Health Provider to share protected health information (PHI) with your Primary Care Physician (PCP). This information will not be released without your signed authorization. This PHI may include diagnosis, treatment plan, progress, and medication if necessary.

	• •			1
(Patient Name - Please Print)	(Patient	Identification Number)	(Patient Date of F	Birth - MM/DD/YYYY)
d a tax	to release nrotecti	ed health information relat	ed to my evaluation and	reatment to:
uthorize (Provider Name – Please Print)	, to resense protecti			
		PSCP	FAY:	and the state of t
CP Name:		PCP P	hone:	
CP Address:				
(Street)		(City)	(State)	(Zip Code)
Inform	nation to be completed by B	ehavioral Health Provide	r	
	On	for		
saw(Patient Name - Please Print)	(Date)	for	(Reason / Diagno	sis)
· · · · · · · · · · · · · · · · · · ·	•			
Summary:				
				,
The following medication was or will be started (in	ndicate medication & dosage)	•		
				·····
If	no medication is indicated,	check as appropriate:		
Medication not prescribed	Patient refused medication	n Psychothe	erapy suggested before tr	ying medication
	Treatment recomm	endations:		
ab tests for the following: CBC	Thyroid S	tudies C	Them Panel	EKG
Other treatment recommendations:	The second section is a second se		****	
Otto House 1 a comment of the				
			(Phone Numbe	1)
(Provider Signature)		Printed Name)	(Li	censure)
	Patient Rig			
 You can end this authorization (permission to u 	se or disclose information) ab	y time by contacting:		
If you make a request to end this authorization, permission. For more information about this an	it will not include information and other rights, please see the	n that has already been use applicable Notice of Priva	ed or disclosed based on p cy Practices.	your previous
 You cannot be required to sign this form as a co 		•		
 Information that is disclosed as a result of this A 				by law.
 You do not have to agree to this request to use to 			- ^	•
T. d	Patient Author			
I, the undersigned understand that I may revoke this event this consent shall expire six (6) months from the				
and give my authorization:	PATIENT PLEAS		and a source and a source and a	aro aoo to madinado
To release any applicab	ole mental health / substance a	ibuse information to my pr	imary care physician.	
To release only medica	tion information to my prima	ry care physician.		
I <u>DO NOT</u> give my aut	thorization to release any info	rmation to my primary car	e physician.	
(Patient Signature)	(Date)	(Signature of Patient's Au	thorized Representative)	(Date)
If signed by Authorized Representative, describe rel	ationship to patient:			
PROVIDER: PLEASE SEND A COPY OF THE	S SIGNED FORM TO THE	PRIMARY CARE PHY	SICIAN AND KEEP T	THE ORIGINAL IN

NOTICE TO RECIPIENT OF INFORMATION