



## Background Information Questionnaire

Your cooperation in providing full and complete, information is requested.

Today's Date: \_\_\_\_\_

Please Complete BOTH PAGES of this form.

### Patient Information

Patient Name:					
Street Address:					
Town:		New York	Zip Code:		
Home Telephone #:		Work Telephone #:			
Email:		Cell Phone #			
Social Security Number:		Date of Birth:			
Sex: Male Female	Marital Status: Single Married Divorced Separated Widowed				

### Mailing Address

(If different from one provided above)

Name:					
Street Address:					
Town:		New York	Zip Code:		

### Other Household Members

Name:	Date of Birth	Age	Relationship to Patient

### How Did You Learn of Our Services?

(Please check all that apply)

Source	Specifics
<input type="checkbox"/> Family Doctor Please Note Who ←	
<input type="checkbox"/> Attorney Please Note Who ←	
<input type="checkbox"/> Yellow Pages (Large NYNEX Book) ←←	<input type="checkbox"/> Under "Counselors" <input type="checkbox"/> Under "Psychologists"
<input type="checkbox"/> Yellow Book (Small, Local Book) ←←	<input type="checkbox"/> Under "Counselors" <input type="checkbox"/> Under "Psychologists"
<input type="checkbox"/> Other Please Note Who / What ←	

### What are the reasons you are seeking services?

(Please be specific)


### Patient's Employment / School Information

Employer's / School Name:			
Street Address:			
Town & State:		Zip Code:	
Job Title:			

### Insurance Information

Insured's Name:			
Street Address:			
Town & State:		Zip Code:	
Company Name:			
Street Address:			
Town & State:		Zip Code:	
Job Title:			
Policy Number:		Group Number:	
Social Security Number:		Date of Birth:	
Sex: Male Female	Marital Status: Single Married Divorced Separated Widowed		
Relationship to Patient:	Self Spouse Child Parent Other		

Please Note: Our office policy is to accept assignment from only one carrier.  
We will gladly assist in the coordination of benefits if more than one carrier is involved.

### Additional Insurance Information

Insured's Name:			
Street Address:			
Town & State:		Zip Code:	
Company Name:			
Street Address:			
Town & State:		Zip Code:	
Job Title:			
Policy Number:		Group Number:	
Social Security Number:		Date of Birth:	
Sex: Male Female	Marital Status: Single Married Divorced Separated Widowed		
Relationship to Patient:	Self Spouse Child Parent Other		

***Thank You for taking the time to complete this form.***



## Brief Health Information Form

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### A. Identification

Client's name: \_\_\_\_\_

Date: \_\_\_\_\_

### B. History

1. Starting with your childhood and proceeding up to the present, list *all* diseases, illnesses, important accidents and injuries, surgeries, hospitalizations, periods of loss of consciousness, convulsions/seizures, and any other medical conditions you have had. (Describe pregnancies in section E.)

Age	Illness/diagnosis	Treatment received	Treated by	Result
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

2. Describe any allergies you have.

To what?	Reaction you have	Allergy medications you take
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

3. List *all* medications or drugs you take or have taken in the last year—prescribed, over-the-counter, and others.

Medication/drug	Dose (how much?)	Taken for	Prescribed and supervised by
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

(cont.)

**Brief Health Information Form (p. 2 of 3)**

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Client's name: \_\_\_\_\_

Date: \_\_\_\_\_

4. Have you done any kinds of work where you were exposed to toxic chemicals?

Date	Kinds of chemicals	Kind of work	Effects
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**C. Medical caregivers**

1. Your current family or personal physician or medical agency:

Name	Specialty	Address	Phone #	Date of last visit
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

2. Other physicians treating you at present or in last 5 years:

Name	Specialty	Address	Phone #	Date of last visit
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**D. Health habits**

1. What kinds of physical exercise do you get? \_\_\_\_\_

\_\_\_\_\_

2. How much coffee, cola, tea, or other sources of caffeine do you consume each day? \_\_\_\_\_

\_\_\_\_\_

3. Do you try to restrict your eating in any way? How? Why? \_\_\_\_\_

\_\_\_\_\_

*(cont)*

**Brief Health Information Form (p. 3 of 3)**

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Client's name: \_\_\_\_\_

Date: \_\_\_\_\_

4. Do you have any problems getting enough sleep? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**E. For women only**

1. At what age did you start to menstruate (get your period): \_\_\_\_\_

2. Menstrual period experiences:

a. How regular are they? \_\_\_\_\_

b. How long do they last? \_\_\_\_\_

c. How much pain do you have? \_\_\_\_\_

d. How heavy are your periods? \_\_\_\_\_

e. Other experiences during period? \_\_\_\_\_

3. Please list all of your pregnancies, and what happened with each pregnancy?

Your age	Miscarriage	Abortion	Child born	Problems?
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____

4. Menopause:

a. If your menopause has started, at what age did it start? \_\_\_\_\_

b. What signs or symptoms have you had? \_\_\_\_\_  
\_\_\_\_\_

**F. Other**

Are there any other medical or physical problems you are concerned about? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Child Checklist of Characteristics

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Person completing this form: \_\_\_\_\_

Many concerns can apply to both children and adults. If you have brought a child for evaluation or treatment, first, please mark all of the items that apply to your child on the "Adult Checklist of Concerns." Then review this checklist, which contains concerns (as well as positive traits) that apply mostly to children, and mark any items that describe your child. Feel free to add any others at the end under "Any other characteristics."

- Affectionate
- Argues, "talks back," smart-alecky, defiant
- Bullies/intimidates, teases, inflicts pain on others, is bossy to others, picks on, provokes
- Cheats
- Cruel to animals
- Concern for others
- Conflicts with parents over persistent rule breaking, money, chores, homework, grades, choices in music/clothes/hair/friends
- Complains
- Cries easily, feelings are easily hurt
- Dawdles, procrastinates, wastes time
- Difficulties with parent's paramour/new marriage/new family
- Dependent, immature
- Developmental delays
- Disrupts family activities
- Disobedient, uncooperative, refuses, noncompliant, doesn't follow rules
- Distractible, inattentive, poor concentration, daydreams, slow to respond
- Dropping out of school
- Drug or alcohol use
- Eating—poor manners, refuses, appetite increase or decrease, odd combinations, overeats
- Exercise problems
- Extracurricular activities interfere with academics
- Failure in school
- Fearful
- Fighting, hitting, violent, aggressive, hostile, threatens, destructive
- Fire setting
- Friendly, outgoing, social
- Hypochondriac, always complains of feeling sick
- Immature, "clowns around," has only younger playmates
- Imaginary playmates, fantasy
- Independent
- Interrupts, talks out, yells
- Lacks organization, unprepared

(cont.)

Child Checklist of Characteristics (p. 2 of 2)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

- Lacks respect for authority, insults, dares, provokes, manipulates
- Learning disability
- Legal difficulties—truancy, loitering, panhandling, drinking, vandalism, stealing, fighting, drug sales
- Likes to be alone, withdraws, isolates
- Lying
- Low frustration tolerance, irritability
- Mental retardation
- Moody
- Mute, refuses to speak
- Nail biting
- Nervous
- Nightmares
- Need for high degree of supervision at home over play/chores/schedule
- Obedient
- Obesity
- Overactive, restless, hyperactive, overactive, out-of-seat behaviors, restlessness, fidgety, noisiness
- Oppositional, resists, refuses, does not comply, negativism
- Prejudiced, bigoted, insulting, name calling, intolerant
- Pouts
- Recent move, new school, loss of friends
- Relationships with brothers/sisters or friends/peers are poor—competition, fights, teasing/provoking, assaults
- Responsible
- Rocking or other repetitive movements
- Runs away
- Sad, unhappy
- Self-harming behaviors—biting or hitting self, head banging, scratching self
- Speech difficulties
- Sexual—sexual preoccupation, public masturbation, inappropriate sexual behaviors
- Shy, timid
- Stubborn
- Suicide talk or attempt
- Swearing, blasphemes, bathroom language, foul language
- Temper tantrums, rages
- Thumb sucking, finger sucking, hair chewing
- Tics—involuntary rapid movements, noises, or word productions
- Teased, picked on, victimized, bullied
- Truant, school avoiding
- Underactive, slow-moving or slow-responding, lethargic
- Uncoordinated, accident-prone
- Wetting or soiling the bed or clothes
- Work problems, employment, workaholic/overworking, can't keep a job
- Any other characteristics: \_\_\_\_\_

Please look back over the concerns you have checked off and choose the one that you most want your child to be helped with. Which is it? \_\_\_\_\_





## Chemical Use Survey (page 2 of 2)

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

### D. Family patterns of chemical use

Please describe the chemical(s) used by family members.

	Name	Chemical	First use		Last use		Over the last 30 days	
			Age	Amount	Date	Amount	Amount	How often
Father	_____	_____	_____	_____	_____	_____	_____	_____
Mother	_____	_____	_____	_____	_____	_____	_____	_____
Brothers/ sisters	_____	_____	_____	_____	_____	_____	_____	_____
Spouse	_____	_____	_____	_____	_____	_____	_____	_____
Other relatives	_____	_____	_____	_____	_____	_____	_____	_____

Please add any other information you think is important: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### F. Self-description of use

1. Would you say you are a social drinker are a heavy drinker are an alcoholic or have a drinking problem? Or how would you describe your use? \_\_\_\_\_  
\_\_\_\_\_

2. Would you say you are a recreational drug user are an addict or have a drug problem? Or how would you describe your use? \_\_\_\_\_  
\_\_\_\_\_

### G. Other

Has your drinking/drug use caused you any spiritual problems? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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*This is a strictly confidential patient medical record. Redisclosure or transfer is expressly prohibited by law.*

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## Authorization to Disclose Protected Health Information to Primary Care Physician

Communication between behavioral health providers and your primary care physician (PCP) is important to ensure that you receive comprehensive and quality health care. This form will allow your Behavioral Health Provider to share protected health information (PHI) with your Primary Care Physician (PCP). This information will not be released without your signed authorization. This PHI may include diagnosis, treatment plan, progress, and medication if necessary.

I, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
 (Patient Name - Please Print) (Patient Identification Number) (Patient Date of Birth - MM/DD/YYYY)

authorize \_\_\_\_\_, to release protected health information related to my evaluation and treatment to:  
 (Provider Name - Please Print) PCP FAX: \_\_\_\_\_

PCP Name: \_\_\_\_\_ PCP Phone: \_\_\_\_\_

PCP Address: \_\_\_\_\_  
 (Street) (City) (State) (Zip Code)

### Information to be completed by Behavioral Health Provider

I saw \_\_\_\_\_ on \_\_\_\_\_ for \_\_\_\_\_  
 (Patient Name - Please Print) (Date) (Reason / Diagnosis)

Summary: \_\_\_\_\_

The following medication was or will be started (indicate medication & dosage): \_\_\_\_\_

### If no medication is indicated, check as appropriate:

\_\_\_\_\_ Medication not prescribed \_\_\_\_\_ Patient refused medication \_\_\_\_\_ Psychotherapy suggested before trying medication

### Treatment recommendations:

Lab tests for the following: \_\_\_\_\_ CBC \_\_\_\_\_ Thyroid Studies \_\_\_\_\_ Chem Panel \_\_\_\_\_ EKG

Other treatment recommendations: \_\_\_\_\_

If you have any questions or would like to discuss this case in greater detail, please call me at: \_\_\_\_\_  
 (Phone Number)

\_\_\_\_\_  
 (Provider Signature) (Provider Printed Name) (Licensure)

### Patient Rights

- ❖ You can end this authorization (permission to use or disclose information) any time by contacting: \_\_\_\_\_
- ❖ If you make a request to end this authorization, it will not include information that has already been used or disclosed based on your previous permission. For more information about this and other rights, please see the applicable Notice of Privacy Practices.
- ❖ You cannot be required to sign this form as a condition of treatment, payment, enrollment, or eligibility for benefits.
- ❖ Information that is disclosed as a result of this Authorization Form may be re-disclosed by the recipient and no longer protected by law.
- ❖ You do not have to agree to this request to use or disclose your information.

### Patient Authorization

I, the undersigned understand that I may revoke this consent at any time except to the extent that action has been taken in reliance upon it and that in any event this consent shall expire six (6) months from the date of signature, unless another date is specified. I have read and understand the above information and give my authorization:

### PATIENT PLEASE CHECK ONE

- \_\_\_\_\_ To release any applicable mental health / substance abuse information to my primary care physician.  
 \_\_\_\_\_ To release only medication information to my primary care physician.  
 \_\_\_\_\_ I DO NOT give my authorization to release any information to my primary care physician.

\_\_\_\_\_  
 (Patient Signature) (Date) (Signature of Patient's Authorized Representative) (Date)

If signed by Authorized Representative, describe relationship to patient: \_\_\_\_\_

**PROVIDER: PLEASE SEND A COPY OF THIS SIGNED FORM TO THE PRIMARY CARE PHYSICIAN AND KEEP THE ORIGINAL IN THE TREATMENT RECORD**

### NOTICE TO RECIPIENT OF INFORMATION

This information has been disclosed to you from records the confidentiality of which may be protected by federal and/or state law. If the records are protected under the federal regulations on the confidentiality of alcohol and drug abuse patient records (42 CFR Part 2), you are prohibited from making any further disclosure of this information unless further disclosure is expressly permitted by the unique content of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose.